

A to Z Recycling

Green Tips



5 Ways to Shop Green

1) **Buy in Bulk.** You can save money *and* reduce waste by buying bottled water, cereal, sugar, and other foods in bulk. Avoid buying individual servings altogether. No room in the kitchen? Use a shelf or old bookcase in the basement, and bring what you need upstairs.

2) **Root for the Home Team.** Buy local food whenever possible. It makes you feel healthier just buying it! It's fresh, it tastes better, and it reduces the environmental costs of transporting and packaging.

3) **Concentrate.** Try to buy only concentrated juices and cleaning products.

4) **B'bye to buying paper towels.** Instead, put those old washcloths to use or buy them cheaply in a bundle and use them to wipe countertops and clean spills. Keep a week's worth on hand and wash them with the laundry. You can save hundreds a year!

5) **Make a List and Stick to it.** You'll be amazed at how much you *don't buy* when you stick to your list. By doing this you'll save money, time, and the environment by buying less packaging.